



# ST. MICHAEL CATHOLIC CHURCH

 @StMikesWaterloo

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80 University Ave. W., (at Hemlock Street), Waterloo, ON N2L 3C7

P: 519-884-9311 • F: 519-888-6042 • Parish Office email: [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca)

Father Pawel Jamroz, Pastor email: [pastor@stmichaelw.ca](mailto:pastor@stmichaelw.ca)

## SCHEDULE OF LORD'S DAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m. & 7:00 p.m.

## WEEKDAY MASS SCHEDULE

Tuesday: 7:00 p.m.

Wednesday & Thursday: 12:15 p.m.

Friday: 8:00 a.m.

## SACRAMENT OF RECONCILIATION

15 minutes before daily Masses and

Tuesday 6:15-6:45 p.m., 7:45 -8:15 p.m.

Friday 8:30-9:00 a.m.

Saturday 4:00-4:45 p.m.

Sunday 6:15-6:45 p.m.

Father is also available before and after Sunday Masses if needed.



Our Worship Space and Parish Centre are barrier free off of Hemlock Street entrance

## PARISH OFFICE HOURS

Monday to Friday: 9:00 a.m. - 4:30 p.m.

## PARISH PRAYER NETWORK

Our parish prayer network prays for those who are in need. To add an intention or become a member of the prayer network, please email us at [parish@stmichaelw.ca](mailto:parish@stmichaelw.ca)

## OUR PARISH SCHOOLS

Sir Edgar Bauer Elementary School	519-884-8480
St Nicholas Elementary School	519-884-9198
Resurrection Secondary School	519-741-1990
St David Secondary School	519-885-1340
St Jerome University	519-884-8111

## SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

## CAMPUS MINISTRY

St Michael Parish welcomes post-secondary students to participate in the life of the parish. The St John Paul II Student Centre (adjacent to the Church) offers programming and pastoral care for all university and college students ([jp2waterloo.ca](http://jp2waterloo.ca)).

## SACRAMENT OF MARRIAGE

The Sacrament of Marriage is normally celebrated on Saturday afternoons. Preparation is provided. Please contact Father before setting a date of marriage.

## PASTORAL CARE TO SICK AND HOMEBOUND

Ministers of Communion to the Sick bring communion to those who are sick or confined at home, in nursing homes or hospital. Anointing of the Sick takes place annually in the parish, and is celebrated personally upon request. To ensure a visit by our Pastoral Team when hospitalized please indicate you are a member of St Michael Parish.

## HEALING MINISTRIES

"Heartache to Healing" is our Grief Support Group and "ACT II" is our Separated/Divorced Group. To find out more about the programs, please contact our parish office.

## ST. VINCENT DE PAUL SOCIETY

Monthly collections support the following projects: North of 60 food assistance to Nunavut, Christmas Gift Cards in Waterloo, Hygiene Kits for Ukrainians, and Marillac Place after-care programs. Thank you for your continued support. For food assistance in Waterloo Region call 519-743-5576 ext 340.

## BLESSING OF EXPECTANT PARENTS

The Blessing of Expectant Parents takes place after each Mass on the First Sunday of the month.

## PARISH BEQUESTS

Keep your love for your parish alive. Remember St. Michael Parish in your will and when recommending expressions of sympathy.

**FROM THE PASTOR'S DESK**

***Weekly Gospel Reflection*** (Mt 17:1-9)



In the midst of His glorious Transfiguration Jesus speaks about His *Exodus*, that is, about His Passion, death and Resurrection (Lk 9:31). Doing so, the Lord shows that God's glory is manifested not only on the glorious mount of Transfiguration but also on Calvary, the mount of His suffering and death.

The Transfiguration of Jesus shows that God's glory is manifested in our lives not only when we are the most successful and healthy but also when we are bound down by struggles and suffering. Self-giving love is life-giving love; it transforms us and our lives.

Fr. Jamroz

**WELCOME TO ST. MICHAEL PARISH**

For details on our parish life, please see our website: [www.stmichaelw.ca](http://www.stmichaelw.ca) The parish office is open Monday to Friday from 9:00 am to 4:30 pm.

**The Church is Open for Prayer**

The Church is open for quiet prayer Monday to Friday, from 9:00 am to 4:00 pm.

**MASS INTENTIONS**

**Tuesday, March 3, 2026**

7:00 pm + Special Intentions of Leila Cruikshank  
– Dean Cruikshank  
+ Mable Kiley

**7:30pm-8:30pm** Holy Hour with  
Adoration & Benediction

**Wednesday, March 4, 2026**

12:15 pm + Adelina & Vincenzo Villapiana  
– Maria Ianni  
+ Bonfilio Pereira – Sushila Pereira  
+ Jonny Bogan – Tony Bogan

**Thursday, March 5, 2026**

12:15 pm +Brian Krulicki – Eleanor Horrigan  
+William Bernhardt – Jenny Bernhardt  
+Hermina Bynoe-Charles  
– Anthony & Magnell Robinson & Family

**Friday, March 6, 2026**

8:00 am + Special Intentions of The Bogan Family  
+Ron Merkle – Jerry & Dorothy  
Hinschberger & Family

**8:30am - 9am** Adoration of the Blessed Sacrament

7:00 pm Mass

**7:30 pm** Stations of the Cross

**Saturday, March 7, 2026**

5:00 pm + Keith Barker Sr. – The Family  
+ Ken West – Lynn, Michael & Andrea West  
+ Bernard Webb – Eleanor Horrigan

**Sunday Homilies Online**

Sunday homilies are available weekly online in audio and pdf version through our parish website – just click on the button 'SUNDAY HOMILY'.

**Prayer Intentions**

Prayer intentions are placed at the front of the Altar and are remembered privately at Mass during the Prayers of the Faithful. A request can be also shared with our prayer group ministry. Click on Request a Prayer on our website or contact the parish office.

**Parish Email List**

All registered parishioners are welcome to join a parish email list to be notified of upcoming parish events including funerals. To join the list, sign up at <https://www.stmichaelw.ca/contact-us>

**Rosary during Lent**

CWL members are praying the Rosary on-line over Zoom on Monday evenings at 7:30 pm Lent. To join, please email Shani Pregelj; email [cwl@stmichaelw.ca](mailto:cwl@stmichaelw.ca) or phone 519-883-8933. *All are welcome!*

**FRIDAY MASSES AND STATIONS OF THE CROSS**

Every Friday during Lent we have

**MASS at 8AM and 7PM**

**STATIONS OF THE CROSS -7:30PM**



### Stations of the Cross

#### Fridays during Lent, following 7pm Mass

Did you know that a plenary indulgence is granted to the faithful who make the pious exercise of the Way of the Cross? The gaining of indulgence requires three conditions: 1) Receive the sacrament of Reconciliation (being in state of grace); 2) Receive Holy Communion; 3) Pray for the intentions of the Holy Father. Pope Leo's prayer intention for March is for disarmament and peace

### What is an indulgence?

The word indulgence (Latin *indulgentia*) originally meant kindness or favor. An indulgence is not the forgiveness of sins. Our Catechism explains: "An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven ..." *The faithful can gain indulgences for themselves or apply them to the dead* (CCC 1471).



### LENTEN AFTERNOON OF REFLECTION

On Sunday, **March 15<sup>th</sup> at 12:15pm**, we will have a Lenten Reflection in the parish hall by our pastor, Fr. Jamroz.

### HOW CAN GOD ALLOW EVIL AND SUFFERING?

*Coffee and pizza will be provided. All are welcome!*

### Parish Family Day Celebration – Thank you!

We had A VERY SUCCESSFUL TURNOUT FOR OUR FAMILY DAY celebration on February 15th! Everyone was well-fed, thanks to **Peter Waurechen**, Owner of Elmira Swiss Chalet/Harvey's.

There were lots of laughs, socializing and entertainment including Bosco the Clown! Many thanks to **Kathy Shaw** and the organizing committee, volunteers and everyone who came out. We would win the world record for the largest family photo taken! Stay tuned...photos will be shared at our next Coffee Sunday weekend.

### Sign up for this year's Passion Play



The Passion Play

We are planning a Passion Play on Good Friday at 7 pm. We invite any students grade 5 and up who are interested in participating and anyone who is interested in volunteering to sign up in the narthex or contact the parish office.

### SHARE LENT 2026



Dignity, participation, solidarity, the preferential option for the poor and integrity. These are the values at the heart of the work of Development and Peace — Caritas Canada. Guided by Catholic Social Teaching, we support partner-led projects that reach over 7 million people in more than 30 countries around the world.

Click here to watch this one-minute video [https://www.youtube.com/watch?v=wuUo\\_Pwgkcl](https://www.youtube.com/watch?v=wuUo_Pwgkcl).

### "THE ONES" Social Group

If you are an adult who normally eats alone or are someone who would like to meet fellow parishioners in a social setting, please join us on the first Friday of each month at the Waterloo Knights of Columbus Conference Centre for a Fish and Chips dinner. The address is 145 Dearborn Place, Waterloo. For more information contact Eleanor Horrigan at 519-885-3674 or [horriganeleanor@gmail.com](mailto:horriganeleanor@gmail.com)



**DIocese of HAMILTON**

### Young Adults Night

Fr. Mark Morley invites young adults to attend an evening of Adoration, fellowship and music for Lent in support of you as you discern your vocation. **Saturday, March 7th at St. Ann Church (120 Sherman Avenue North, Hamilton, ON)**. For more information, contact: [vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com)

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